

Maxine K. Rasmussen, Ph.D.

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E d u c a t i o n

University of North Dakota

Grand Forks, ND

Ph.D. Major: Counseling, Cognate: Psychology-Philosophy 1969 - 1973

M.Ed. Major: Counseling, Minor: Education 1966 - 1969

B.S. Major: Home Economics, Minor: Natural Science/Education 1956 - 1965

L i c e n s u r e / C e r t i f i c a t i o n

*Licensed Professional Clinical Counselor. North Dakota State Board of Counselor Examiners.
License # 16-2-11-91-14. February 11, 1991 to February 11, 2005.*

*Licensed Professional Counselor. North Dakota State Board of Counselor Examiners.
License # 16-2-11-91-14. February 11, 1991 to February 11, 2005.*

*Nationally Certified Clinical Mental Health Counselor. National Board for Certified Counselors, Inc.
License #33556. July 1, 1991 to May 31, 2007.*

North Dakota Lifetime Teaching Certificate

C l i n i c a l T r a i n i n g

1970 – 1972 Graduate Teaching Assistant Instructor, Department of Counseling, University of North Dakota, Grand Forks, ND; under Robert A. Apostol, Ph.D.

1969 - 1971 Supervised training with Margaret Schultz, Ph.D., Psychologist, Grafton State School for the Mentally Retarded, in the use of behavior modification skills with the mentally retarded.

1969 - 1970 Director of Grand Forks Air Force Base Counseling Center - Internship of training supervised by Peter A. Hountras, Ph.D., Chair, Department of Counseling, University of North Dakota.

P r o f e s s i o n a l E x p e r i e n c e

1989 - Present Online Instructor, General Psychology & Lifespan Development, University of Minnesota Crookston, Crookston, MN

2004 - Present Online Instructor, Abnormal Psychology, Northland Community and Technical College, East Grand Forks, MN

2004 – 2005t Instructor, Developmental & General Psychology, Northland Community & Technical College, East Grand Forks, Mn.

2003 - 2003 *Instructor, Teaching and Learning, Development and Education of Adolescents, University of North Dakota, Grand Forks, ND*

1997 - Present *Private Counseling Practice - Individual, Marriage, and Family Counseling; 311 South 4th Street, Suite 115, Grand Forks, ND*

1976 – 1997 *Private Counseling Practice - Individual, Marriage, and Family Counseling; 667 Demers Avenue, Suite 2003, Grand Forks, ND*

1976 - 1990 *Private Counseling Practice, satellite office, Cavalier Clinic, Cavalier, ND*

1987 - 1994 *Private Counseling practice, satellite office, St. Ansgar's Hospital, Park River, ND*

1989 - 2004 *Lecturer, Department of Psychology, University of Minnesota Crookston, Crookston, MN*

2002 – 2003 *Instructor, Northwest Technical College, General and Developmental Psychology, East Grand Forks, MN*

1995 - 1995 *Instructor, Center for Teaching and Learning, Adolescent Development and Education, University of North Dakota, Grand Forks, ND*

1986 - 2001 *Instructor, Department of Continuing Education, University of North Dakota, Grand Forks, ND*

1986 - 1989 *Academic Director, Park College, Kansas City, Missouri, Grand Forks Air Force Base Campus, ND*

1985 - 1989 *Adjunct Faculty Member, Department of Psychology and Social Sciences, Park College, Kansas City, Missouri, Grand Forks Air Force Base Campus, ND*

1976 - 1989 *Psychiatric Consultant for Inpatient Care, Psychiatric Unit, United Hospital, Grand Forks, ND*

1976 - 1992 *In-service Consultant, Pembina County Nursing Home, Cavalier, ND*

1988 - 1992 *Radio Talk Show on Marriage and Family Issues, KCNN Radio, Grand Forks, ND*

1976 – 1986 *Private Counseling Practice/Pastoral Consultant, United Methodist Church, Drayton, Glasston, Bowesmont, and Grafton, ND*

1976 - 1983 *School Consultant for Individual and Family Counseling in Grand Forks, Walsh, and Pembina Counties*

1973 - 1976 *Private Practice - part-time - Individual and Family Counseling, 1600 University Avenue, Grand Forks, ND; Cavalier, ND; and Drayton, ND*

1973 - 1976 *Individual and Family Therapist, Northeast Regional Mental Health Center, Grand Forks, ND*

- 1973 - 1976 *Director Group Psychotherapy, Psychiatric Unit, United Hospital, Grand Forks, ND*
- 1973 - 1976 *Director Outreach Programs - Walsh, Nelson, and Pembina Counties; Administration, Diagnostic Testing, and Interpretation, Therapy and Treatment Programs*
- 1973 – 1976 *Instructor, University of North Dakota School of Medicine, Grand Forks, ND*
- 1969 – 1973 *Instructor, Department of Counseling, College of Human Resources Development, University of North Dakota, Grand Forks, ND*
- 1969 - 1973 *Director, Grand Forks Air Force Base Counseling Center (Internship), Grand Forks Air Force Base, ND*
- 1966 - 1969 *Counselor and Chair, Counseling Department, St. James Catholic High School, Grand Forks, ND*
- 1966 - 1969 *Psychology and Home Economics Instructor, St. James High School, Grand Forks, ND*
- 1964 - 1966 *Daily Television Interview Program, KTHI Television Station, Grand Forks, ND*
- 1963 - 1964 *Elementary Teacher, St. Michael's Grade School, Grand Forks, ND*

C o n t i n u i n g E d u c a t i o n

- 2004 *“Family Honor Conference” Department of Religious Education and Faith Formation. Atlanta, Georgia, July 22-23, 2004.*
- 2003 *“Beyond Boundaries: Integrating Technology into Teaching & Learning”, University of North Dakota, Grand Forks, ND 58202, October 23-24, 2003.*
- 2003 *“Reflecting on Teaching” Bush Grant Conference, University of North Dakota, Grand Forks, ND September 19, 2003*
- 2003 *“Law & Ethics for Clinicians Working with Children & Families” Program within the Love & Intimacy: The Couples Conference Milton H. Erickson Foundation, Inc. San Francisco, CA June 13, 2003*
- 2003 *“Love & Intimacy: The Couples Conference” Milton H. Erickson Foundation, Inc. San Francisco, CA June 12-14, 2003*
- 2003 *“Practice Guidelines for Various DSM-IV-TR Disorders” North Dakota Mental Health Counselor’s Association. Bismarck, ND February 1, 2003*
- 2002 *“Bridging the Gap Between Brain & Behavior” Health Ed. Fargo, ND October 1, 2002*

- 2002 *"Enhancing Learning & Teaching Through Classroom Assessment Techniques"* University of Minnesota Crookston Faculty Retreat. Walker, MN August 19 & 20, 2002
- 2002 *"Stress and Disease"* Cortext Educational Seminars. Fargo, ND July 29, 2002
- 2002 *"Child & Adolescent Substance Abuse"* Cross Country University. Fargo, ND May 2, 2002
- 2002 *"Innovations In Addiction Treatment & Behavioral Health Care"* Ben Franklin Institute. Palm Springs, CA March 7-10, 2002
- 2000 *"Evolution of Psychotherapy"* Milton H. Erickson Foundation. Anaheim, CA May 25-29, 2000.
- 2000 *Caregiver's Conference, Lutheran Social Services, Crookston, Mn. May 11, 2000*
- 2000 *NDCA Conference, Bismarck, ND. February 6-8, 2000.*
- 2000 *North Dakota Mental Health Counselor's Association "The Latest Word on Antidepressants" January 27, 2000.*
- 1999 *"Domestic Violence" Workshop, University of North Dakota, Grand Forks, ND*
- 1999 *Psychopharmacology for Counselors ACA Home Study Course*
- 1998 *"Coming Full Circle: Using Assessment to Transform Teaching & Learning" The Collaboration for the Advancement of College Faculty. Minneapolis, Mn*
- 1998 *"Contemporary Treatment of Eating Disorders" Northland Christian Counseling Center, Grand Forks, ND*
- 1998 *"Conflict Resolution in the Northern Plains" Conflict Resolution Center, University of North Dakota, Grand Forks, ND*
- 1998 *"Body & Soul" Conference, Naropa Institute, Denver, Colorado*
- 1997 *North Dakota Mental Health Counseling Association Monthly Meetings*
- 1996 *North Dakota Mental Health Counselor's Association Monthly Meetings*
- 1995 *North Dakota Mental Health Counselor Association Monthly Meetings*
- 1995 *"The Evolution of Psychotherapy" Milton H Erickson Foundation, Las Vegas, NV*
- 1995 *"The 1995 Parenting Series, Kids are Worth It!" UND, Grand Forks, ND*
- 1994 *"Reality Therapy" NDMHCA, Grand Forks, ND*

- 1994 "Multicultural & Diversity Training" Pine to Prairie Girl Scout Council, Fargo, ND
- 1993 "Road Less Traveled" UND, Grand Forks, ND
- 1993 "The Managerial Parent" John Rosemond Seminar, UND, Grand Forks, ND
- 1993 "Family Preservation" NDMHCA, Grand Forks, ND
- 1992 "Who Am I Now?" A Conference on death and loss as viewed by terminally ill and grieving children. Hospice of the Red River Valley, Fargo, ND
- 1991 "Exploring Male/Female Administrative Styles" UND, Grand Forks, ND
- 1991 "The Adolescent in Stress" GF County Social Services, GF, ND
- 1991 "Women and Work" The Charlotte Danstrom Series, Grand Forks, ND
- 1990 "Reaching the Difficult Client, the Adolescent" Lutheran Social Services, Grand Forks, ND
- 1990 "The Gay Adolescent - Where Do They Fit In the Spectrum of the AIDS Epidemic?" GF Public Health Department, Polk County Nursing Service, Crookston, MN
- 1990 "A Wake-up Call. An Integration of Intellectual, Emotional, and Spiritual Balance of Inner Self" Division of Continuing Education, UND, Grand Forks, ND
- 1990 "Child & Adolescent Depression & Suicide" United Hospital Psychiatric Unit; Families First; Ruth Meier's Home; Grand Forks Public Schools; Children & Family Services Training Center, Grand Forks, ND
- 1990 "Evolution of Psychotherapy Conference" Milton H. Erickson Foundation, Anaheim, CA
- 1989 "Advanced Clinical Training Conference on Treatment of Children and Family Violence" North Dakota Department of Human Services, Bismarck, ND
- 1989 "Child Abuse Prevention Training Course" Education Extension Division East Grand Forks Technical College, EGF, MN
- 1986 "Resolving Conflict Through Mediation" Fifth Conference on Human Services and the Law, UND, Grand Forks, ND
- 1985 "Testifying in Court" Fourth Conference on Human Services and the Law, Grand Forks, ND
- 1985 "Evolution of Psychotherapy Conference" Milton H. Erickson Foundation, Phoenix, AZ
- 1984 "MMPI: New Development and Clinical Application" UM, Minneapolis, MN

- 1983 *"Behavioral & Genetic Disorders in Children"* UND School of Medicine, Grand Forks, ND
- 1982 *"Eating Disorders: Anorexia Nervosa & Bulimia"* UM, Minneapolis, MN
- 1981 *"Process & Procedures in Social Education"* UND, Grand Forks, ND
- 1981 *"Eating Disorders: Diagnosis and Treatment"* UND, Grand Forks, ND
- 1980 *"Family Psychiatry"* Department of Psychiatry, Fargo, ND
- 1979 *"Death, Dying, Grief, and Funerals"* Obershaw, Grand Forks, ND
- 1979 *"Clinical Depression"* Department of Psychiatry, Grand Forks, ND
- 1979 *"Study on Education of Children & Youth with Social/Emotional Handicaps"* John G. Howells Institute, Department of Public Instruction, Bismarck, ND
- 1978 *"Crenshaw Workshop on Human Sexuality"* Roger Crenshaw, M.D. & Theresa Crenshaw, M.D., San Diego, CA
- 1978 *"Postdoctoral Reading Courses in Psychology"* UND, Grand Forks, ND
- 1978 *"Workshop on Death and Dying"* Elizabeth Kubler-Ross, Bismarck, ND
- 1977 *"Workshop on Crisis Counseling"* Valley City, ND
- 1976 *"Gestalt Therapy"* Irma Lee Shepard & Joan Fagan; *"Psychodrama"* Zerka Moreno; *"Marriage-Divorce in Family Therapy"* James L. Framo; *"Techniques of Individual and Group Therapy"* Nathaniel Branden, New Orleans, LA
- 1975 *"Human Sexuality"* University of North Dakota, Grand Forks, ND
- 1973 *"Masters' & Johnsons' Workshop on Human Sexuality"* Chicago, IL
- 1971 *"Workshop on Psychotherapy; Rational Emotive Theory"* Albert Ellis, Chicago, IL
- 1971 *"Workshop on Individual & Family Therapy"* Alfred Adler Institute, Chicago, IL
- 1970 *"International School on Drug & Alcohol Usage"* Grand Forks, ND
- 1969 *"Techniques in Sexual Counseling"* Masters and Johnson, Dallas, Texas
- 1969 *"Transactional Analysis Supervision Group Training Workshop in Parent Effectiveness Training"*, UND, Grand Forks, ND
- 1969 *"Workshop on Counseling Techniques in Client-Centered Therapy"* Carl Rogers, Dallas, Texas

- 1969 "Training & Administration of General Aptitude Test Battery" Devils Lake, ND
- 1969 "Family Therapy" Rudolph Dreikers, Las Vegas, NV

Additional Professional Activities

- Continuous Presentations relating to communication, adolescent & child development, stress and marital issues to community groups and organizations.*
- 2000 "Frustration & Stress, Guilt for Caregivers?" presentation at 2000 Caregivers Conference, Lutheran Social Services, May 11, 2000. Crookston, Mn.
- 1999 "Dealing with the Grieving Client" presentation at North Dakota Mental Health Counselors Association Meeting March 18, 1999 Grand Forks, ND
- 1999 Child Development Presentation at Diocese of Fargo Education for Chastity March 4, 1999 Grand Forks, ND
- 1991-present Member, Quota Club
- 1991 - 1998 Board of Directors, Pine to Prairie Girl Scout Council, Grand Forks, ND
- 1991 - 1997 Board of Directors, Greater Grand Forks Symphony Association, Grand Forks, ND
- 1994 - 1997 President, Board of Directors. Greater Grand Forks Symphony Association, Grand Forks, ND
- 1986 Presenter, Governor's Commission on Children and Adolescents at Risk, Governor's Commission on Human Resources, Bismarck, ND
- 1984 - 1989 Member, Task Force on Chemical Dependency, United Methodist Church, Grand Forks, ND
- 1965 - 1975 Member, American Association of University Women
- 1965 - 1973 President/Member/Alumni Director Mortar Board Women's Honorary Association

Publications

- Rasmussen, Maxine K., "Art is Therapy for the Soul", Art & Soul, 1995-96 Volume 2.
- Rasmussen, Maxine K., "The Young Child - Trusting or Mistrusting" Prairie Children, May 1984, Vol. XII, Issue 4.
- Rasmussen, Maxine K., "The Concept of Communication in the Existential Philosophy of Karl Jaspers" Ph.D. Dissertation, 1973.
- Rasmussen, Maxine K., "A Note on Occupational Status of Black American Youth" College of Educational Record, June 1971.

Professional Memberships

*American Association for Clinical Counseling and Development
American Counseling Association (member since 1968, #3217200)
American Psychotherapy Association (member since 2004, - #7025)
International Association of Marriage & Family Counselors
National Academy of Certified Clinical Mental Health Counselors
North Dakota Association for Counseling and Development
North Dakota Association of Marriage & Family Counselors
North Dakota Counseling Association
North Dakota Mental Health Counselor's Association*

Current Community Activities

*Presenter, Marriage Preparation Workshop, Diocese of Fargo
Religious Education Teacher, St. Michael's Catholic Church
Quota Club Member*

Past Community Activities

*Board Member North Valley Arts Council
Board Member Northern Lights Public Radio
Board Member Pine to Prairie Girl Scout Council
Board Member Greater Grand Forks Symphony Association*